# SYNCHRONIZATION OF TWO METRONOMES 

Kuznetsov N.V. ${ }^{*, 1}$ Leonov G.A. ${ }^{*}$ Nijmeijer H. ${ }^{* *}$ Pogromsky A. ${ }^{* *}$

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* St.Petersburg State University Universitetskaya av., 28, Petrodvorets, 198904 St.Petersburg, Russia kuznetsov@math.spbu.ru, leonov@math.spbu.ru <br> ** Technical Univ. of Eindhoven <br> PO Box 513. NL-5600 MB Eindhoven <br> Netherlands <br> H.Nijmeijer@tue.nl, A.Pogromsky@tue.nl
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#### Abstract

The synchronization of two metronomes placed on a freely moving base is examined. The existence of an inphase regime is proved under special conditions.


Keywords: synchronization of metronomes, inphase regime

## 1. INTRODUCTION

The synchronization phenomenon of two pendulum clocks was first discovered by Cristian Huygens in 1662. He observed what is now called the anti-phase synchronization of two pendula of the clocks attached to a common support beam. Regardless of the initial conditions those two pendula converged after some transient to an oscillatory regime characterized by identical frequency of the oscillations, while the two pendula angles moved in anti phase. Huygens [Huygens $1669,1986]$ found an explanation of this phenomenon noticing that imperfect synchronization resulted in small beam oscillation that in turn drove the pendula towards the agreement. Though his explanation is physically correct, rigorous analytical results become available later on with invention of differential calculus. 300 years of Huygens' discovery it turned out that this pheno-

[^0]menon finds a lot of potential applications in different fields of science and engineering. For some related analytical results, see e.g.[Bennet et. al., 2005, Pogromsky et. al., 2005].
Together with anti-phase oscillations, a similar setup with two metronomes on a common support demonstrates also in-phase synchronization, where metronomes' pendula agree not only in frequency but also in angles [Oud et. al., 2006].
In the book [Blekhman 1988], Blekhman also discusses Huygens' observations, and recounts the results of a laboratory reproduction of the coupled clocks as well as presenting a theoretical analysis of oscillators coupled through a common supporting frame. He predicted that both in-phase and anti-phase motions are stable under the same circumstances.

The problem of analytical study of in-phase synchronization turns out to be more difficult. The present paper addresses this problem for the model of two metronomes on the common support proposed in [Pantaleone, 2002].

## 2. PROBLEM STATEMENT

We consider a system consisting of two metronomes resting on a light wooden board that sits on two empty soda cans. The motion of such system can be described [Pantaleone, 2002] by the following equation

$$
\begin{align*}
& m\left(l \ddot{\phi}_{i}+\ddot{x} \cos \phi_{i}\right)+m g \sin \phi_{i}= \\
& =\kappa^{e s c}\left(1-\frac{\widehat{\phi}_{i}^{2}}{\Phi^{2}}\right) \dot{\phi}_{i}=f_{e s c}\left(\phi_{i}\right) \dot{\phi}_{i} \\
& M \ddot{x}+m \sum_{i=1}^{2}\left(l \ddot{\phi}_{i} \cos \phi_{i}-l \dot{\phi}_{i}{ }^{2} \sin \phi_{i}+\ddot{x}\right)=0 \tag{1}
\end{align*}
$$

Here $m$ is a mass of each weight of metronomes, $M$ is a mass of platform, $\phi_{i}$ is an angle of deviation of the $i$-th pendulum of metronome from a vertical, $l$ is a length of the pendulum of metronome, $f_{\text {esc }}(\cdot)$ is an internal force of metronome, ( $\kappa^{e s c}$ is a small parameter, $\left.\widehat{\phi}_{i}=\phi_{i} \bmod 2 \pi\right), g$ is a gravitational acceleration, and $x$ is a horizontal displacement of platform beginning from equilibrium.
We find out conditions under which the inphase regime occures.

For the sequel we need in new variables

$$
\theta_{+}=\frac{\phi_{1}+\phi_{2}}{2}, \quad \theta_{-}=\frac{\phi_{1}-\phi_{2}}{2} .
$$

In this case by trigonometric formulas we obtain

$$
\begin{aligned}
& \frac{\sin \phi_{1}+\sin \phi_{2}}{2}=\sin \theta_{+} \cos \theta_{-} \\
& \frac{\sin \phi_{1} \frac{2}{2} \sin \phi_{2}}{2}=\sin \theta_{-} \cos \theta_{+} \\
& \frac{\cos \phi_{1}+\cos \phi_{2}}{2}=\cos \theta_{+} \cos \theta_{-} \\
& \frac{\cos \phi_{1} \frac{2}{2} \cos \phi_{2}}{2}=\sin \theta_{-} \sin \theta_{+}
\end{aligned}
$$

The second equation of (1) gives the following expression for the acceleration $\ddot{x}$ of the platform

$$
\ddot{x}=-\frac{m l\left(\left(\sin \phi_{1}\right)^{\prime \prime}+\left(\sin \phi_{2}\right)^{\prime \prime}\right)}{(M+2 m)} .
$$

This implies that, written a half-sum and halfdifference of equations for the motion of weights of metronomes (1) in new variables $\theta_{+}, \theta_{-}$, we obtain

$$
\begin{aligned}
& m\left(l \ddot{\theta_{+}}-\frac{2 m l\left(\sin \theta_{+} \cos \theta_{-}\right)^{\prime \prime}}{M+2 m} \cos \theta_{+} \cos \theta_{-}+\right. \\
& \left.+g \sin \theta_{+} \cos \theta_{-}\right)=\left(f_{\text {esc }}\left(\phi_{1}\right)+f_{e s c}\left(\phi_{2}\right)\right) / 2 \\
& m\left(l \ddot{\theta_{-}}-\frac{2 m l\left(\sin \theta_{+} \cos \theta_{-}\right)^{\prime \prime}}{M+2 m} \sin \theta_{-} \sin \theta_{+}\right. \\
& \left.+g \sin \theta_{-} \cos \theta_{+}\right)=\left(f_{\text {esc }}\left(\phi_{1}\right)-f_{e s c}\left(\phi_{2}\right)\right) / 2
\end{aligned}
$$

$$
\begin{align*}
& f_{e s c}\left(\phi_{1}\right) \dot{\phi}_{1}+f_{e s c}\left(\phi_{2}\right) \dot{\phi}_{2}=\kappa^{e s c}\left(1-\frac{\phi_{1}^{2}}{\Phi^{2}}\right) \dot{\phi}_{1}+  \tag{2}\\
& +\kappa^{e s c}\left(1-\frac{\phi_{2}^{2}}{\Phi^{2}}\right) \dot{\phi_{2}}= \\
& =\kappa^{e s c}\left(2 \dot{\theta_{+}}-\frac{1}{\Phi^{2}}\left(\left(\theta_{+}+\theta_{-}\right)^{2}\left(\dot{\theta_{+}}+\dot{\theta_{-}}\right)+\right.\right. \\
& \left.\left.+\left(\theta_{+}-\theta_{-}\right)^{2}\left(\theta_{+}-\dot{\theta_{-}}\right)\right)\right)= \\
& =\kappa^{e s c}\left(2 \dot{\theta_{+}}-\frac{1}{\Phi^{2}}\left(2 \theta_{+}^{2} \dot{\theta_{+}}+4 \theta_{+} \theta_{-} \dot{\theta_{-}}+2 \theta_{-}^{2} \dot{\theta_{+}}\right)\right),
\end{align*}
$$

$f_{\text {esc }}\left(\phi_{1}\right) \dot{\phi}_{1}-f_{\text {esc }}\left(\phi_{2}\right) \dot{\phi}_{2}=\kappa^{e s c}\left(1-\frac{\phi_{1}^{2}}{\Phi^{2}}\right) \dot{\phi}_{1}-$
$-\kappa^{e s c}\left(1-\frac{\phi_{2}^{2}}{\Phi^{2}}\right) \dot{\phi}_{2}=$
$=\kappa^{e s c}\left(2 \dot{\theta_{-}}-\frac{1}{\Phi^{2}}\left(\left(\theta_{+}+\theta_{-}\right)^{2}\left(\dot{\theta_{+}}+\dot{\theta_{-}}\right)-\right.\right.$
$\left.\left.-\left(\theta_{+}-\theta_{-}\right)^{2}\left(\theta_{+}-\dot{\theta_{-}}\right)\right)\right)=$
$=\kappa^{e s c}\left(2 \dot{\theta_{-}}-\frac{1}{\Phi^{2}}\left(2 \theta_{+}^{2} \dot{\theta_{-}}+4 \theta_{+} \theta_{-} \dot{\theta_{+}}+2 \theta_{-}^{2} \dot{\theta_{-}}\right)\right)$.
It follows that in the mechanical system there can occurs an inphase regime ( $2 \theta_{-}=\phi_{1}-\phi_{2}=0 \Rightarrow$ $\phi_{1} \equiv \phi_{2}$ ), in which for the half-sum of angles of deviation of metronomes pendulum $\theta=\theta_{+}$ satisfies the equation

$$
\begin{align*}
& m\left(l \ddot{\theta}-\frac{2 m l(\sin \theta)^{\prime \prime}}{M+2 m} \cos \theta+g \sin \theta\right)= \\
& =\kappa^{\text {esc }}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right) \dot{\theta} . \tag{4}
\end{align*}
$$

Having performed the transformations

$$
\begin{align*}
& m\left(l \ddot{\theta}-\frac{2 m l\left(\ddot{\theta} \cos \theta-\dot{\theta}^{2} \sin \theta\right)}{M+2 m} \cos \theta+g \sin \theta\right)= \\
& =\kappa^{e s c}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right) \dot{\theta} \\
& \ddot{\theta}\left(1-\frac{2 m \cos ^{2} \theta}{M+2 m}\right)+\dot{\theta}^{2} \frac{2 m \sin \theta \cos \theta}{M+2 m}+\frac{g}{l} \sin \theta= \\
& =\frac{\kappa^{e s c}}{m l}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right) \dot{\theta} \\
& \ddot{\theta} \frac{M+2 m \sin ^{2} \theta}{M+2 m}+\dot{\theta}^{2} \frac{m \sin 2 \theta}{M+2 m}+\frac{g}{l} \sin \theta=  \tag{6}\\
& =\frac{\kappa^{e s c}}{m l}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right) \dot{\theta} \tag{7}
\end{align*}
$$

for

$$
\begin{aligned}
& \varepsilon_{m, M}(\theta)=\frac{2 m \cos ^{2} \theta}{M+2 m \sin ^{2} \theta}, \\
& \kappa_{m l}^{e s c}=\frac{\kappa^{e s c}}{m l}, \quad \varepsilon_{\frac{2 m}{M}}=\frac{2 m}{M},
\end{aligned}
$$

we obtain

$$
\begin{equation*}
\ddot{\theta}-\dot{\theta} F\left(\theta, \kappa^{e s c}\right)+\dot{\theta}^{2} H(\theta)+G(\theta)=0 \tag{8}
\end{equation*}
$$

$$
F\left(\theta, \kappa^{e s c}\right)=\kappa^{e s c} \frac{M+2 m}{m l\left(M+2 m \sin ^{2} \theta\right)}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right)=
$$

$$
=\kappa_{m l}^{e s c}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right)\left(1+\varepsilon_{m, M}(\theta)\right)
$$

$$
H(\theta)=\frac{m \sin 2 \theta}{M+2 m \sin ^{2} \theta}=\tan \theta \varepsilon_{m, M}(\theta)
$$

$$
G(\theta)=\frac{g(M+2 m) \sin \theta}{l\left(M+2 m \sin ^{2} \theta\right)}=\frac{g \sin \theta}{l}\left(1+\varepsilon_{m, M}(\theta)\right)
$$

Then for linearization at the equilibrium $\theta=$ $0, \dot{\theta}=0$ we have

$$
\begin{aligned}
& \dot{\theta}=\eta \\
& \dot{\eta}=-\left.G_{\theta}^{\prime}(\theta)\right|_{\theta=0, \eta=0} \theta+\left.F\left(\theta, \kappa^{e s c}\right)\right|_{\theta=0, \eta=0} \eta= \\
& =-\frac{g(M+2 m)}{M l} \theta+\frac{\kappa^{e s c}(M+2 m)}{M m l} \eta \\
& \text { Since } \frac{\kappa^{e s c}(M+2 m)}{M m l}>0, \text { this implies the }
\end{aligned}
$$ instability of the zero solution and the unwinding of the phase trajectory for small $\theta$.

Following the strategy in [Pogromsky et. al., 2005; Bennet et. al., 2005], we consider the question of the existence and setting of the inphase regime.

## 3. PROOF OF THE EXISTENCE OF A PERIODIC REGIME

Having performed some transformation in system (4) and taking into account the relations

$$
\begin{gathered}
\kappa=\sqrt{g / l}, \quad \varepsilon_{M}=\frac{m}{M+2 m}, \\
\delta_{M}(\theta)=\varepsilon_{M}\left(\ddot{\theta}_{2} \cos ^{2} \theta-\dot{\theta}^{2} \sin 2 \theta\right), \\
f_{m l}^{e s c}(\theta)=\kappa_{m l}^{e s c}\left(1-\frac{\theta^{2}}{\Phi^{2}}\right),
\end{gathered}
$$

we obtain

$$
\begin{equation*}
\ddot{\theta}+\kappa^{2} \sin \theta=f_{m l}^{e s c}(\theta) \dot{\theta}+\delta_{M}(\theta) \tag{9}
\end{equation*}
$$

In the approximation when $\sin \theta \approx \theta, 0 \leq \theta<\pi / 3$ equation (9) takes the form

$$
\begin{equation*}
\ddot{\widetilde{\theta}}+\kappa^{2} \widetilde{\theta}=f_{m l}^{e s c}(\widetilde{\theta}) \dot{\tilde{\theta}}+\delta_{M}(\widetilde{\theta}) . \tag{10}
\end{equation*}
$$

The solution of this equation with the initial states $\widetilde{\theta}(0)=\theta(0)=\theta_{0}, \dot{\tilde{\theta}}(0)=\dot{\theta}(0)=0$ can be represented as

$$
\begin{gathered}
\widetilde{\theta}(t)=\theta_{0} \cos (\kappa t)+g_{1}\left(t, \kappa^{e s c}, M\right), \\
\dot{\tilde{\theta}}(t)=-\theta_{0} \kappa \sin (\kappa t)+g_{2}\left(t, \kappa^{e s c}, M\right) .
\end{gathered}
$$

For small $\kappa^{e s c}$ and $1 / M$ for the time $T$ of second crossing of the trajectory $(\widetilde{\theta}, \dot{\tilde{\theta}})$ of the straight line $\dot{\theta}=0$, we approximately obtain

$$
T \approx \widetilde{T}=\frac{2 \pi}{\kappa}: \dot{\tilde{\theta}}(T)=\dot{\tilde{\theta}}(0)=0
$$

Let us consider now the Lyapunov function $V(\dot{\tilde{\theta}}, \widetilde{\theta})$ and its derivative in virtue of system (10), i.e.

$$
V(\dot{\tilde{\theta}}, \widetilde{\theta})=\dot{\tilde{\theta}}^{2} / 2+\frac{\kappa}{2} \widetilde{\theta}^{2}>0
$$

and

$$
\dot{V}(\dot{\tilde{\theta}}, \widetilde{\theta})=\dot{\tilde{\theta}} \ddot{\tilde{\theta}}+\kappa \widetilde{\theta})=\dot{\tilde{\theta}}^{2} f_{m l}^{e s c}(\widetilde{\theta})+\dot{\tilde{\theta}} \delta_{M}(\widetilde{\theta})
$$

respectively. Following [Leonov, 2006], we then estimate the following relation $V(\dot{\widetilde{\theta}}(T), \widetilde{\theta}(T))$ -

$$
\begin{aligned}
& V(\dot{\tilde{\theta}}(0), \widetilde{\theta}(0))=\int_{0}^{T} \dot{V}(\dot{\tilde{\theta}}(t), \widetilde{\theta}(t)) \mathrm{d} t \approx \\
& \approx \int_{0}^{\widetilde{T}} \dot{V}(\dot{\tilde{\theta}}(t), \widetilde{\theta}(t)) \mathrm{d} t
\end{aligned}
$$

For this purpose we integrate $\dot{\tilde{\theta}}^{2} f_{m l}^{e s c}(\widetilde{\theta}(\tau))$ from 0 to $\widetilde{T}$ :

$$
\begin{aligned}
& \int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}^{2} \kappa_{m l}^{e s c}\left(1-\frac{\widetilde{\theta}^{2}(\tau)}{\Phi^{2}}\right) \mathrm{d} \tau=\kappa_{m l}^{e s c} \theta_{0}^{2} \kappa^{2} \int_{0}^{\widetilde{T}} \sin ^{2}(\kappa \tau)(1- \\
& \left.-\frac{\theta_{0}^{2} \cos ^{2}(\kappa \tau)}{\Phi^{2}}\right) \mathrm{d} \tau+\widetilde{g}_{1}\left(\kappa^{e s c}, M\right)= \\
& \quad=\kappa_{m l}^{e s c} \theta_{0}^{2} \kappa^{2} \frac{\pi\left(4 \Phi^{2}-\theta_{0}^{2}\right)}{4 \kappa \Phi^{2}}+\widetilde{g}_{1}\left(\kappa^{e s c}, M\right)
\end{aligned}
$$

where

$$
\lim _{\kappa^{e s c}, 1 / M \rightarrow 0} \widetilde{g}_{1}\left(\kappa^{\text {esc }}, M\right)=0 .
$$

For the approximate values $\cos \widetilde{\theta}(t) \approx \cos \left(\theta_{0} \cos (\kappa t)\right)$, $\sin (2 \widetilde{\theta}(t)) \approx \sin \left(\theta_{0} 2 \cos (\kappa t)\right)$, the following relations hold

$$
\begin{gathered}
\int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}(t) \ddot{\tilde{\theta}}(t) \cos ^{2}(\widetilde{\theta}(t)) \mathrm{d} t=\widetilde{g}_{2}\left(\kappa^{e s c}, M\right) \\
\int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}^{3}(t) \sin (2 \widetilde{\theta}(t)) \mathrm{d} t=\widetilde{g}_{3}\left(\kappa^{e s c}, M\right) \\
\quad \lim _{\kappa^{e s c}, 1 / M \rightarrow 0} \widetilde{g}_{i}\left(\kappa^{e s c}, M\right)=0
\end{gathered}
$$

Taking into account these relations, we integrate $\dot{\tilde{\theta}} \delta_{M}(\widetilde{\theta}(\tau))$ from 0 to $\widetilde{T}$

$$
\begin{aligned}
& \int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}(t) \delta_{M}(\widetilde{\theta}(t)) \mathrm{d} t=\int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}(t) \varepsilon_{M}\left[\ddot{\tilde{\theta}}(t) 2 \cos ^{2} \widetilde{\theta}(t)-\right. \\
& \left.-\dot{\tilde{\theta}}^{2}(t) \sin 2 \widetilde{\theta}(t)\right] \mathrm{d} t=\int_{0}^{\widetilde{T}}-\theta_{0} \kappa \sin (\kappa t) \varepsilon_{M} \\
& {\left[-\theta_{0} \kappa^{2} \cos (\kappa t) 2 \cos \left(\theta_{0} \cos (\kappa t)\right)-\right.} \\
& \left.-\theta_{0}^{2} \kappa^{2} \sin ^{2}(\kappa t) \sin \left(\theta_{0} 2 \cos (\kappa t)\right)\right] \mathrm{d} t+\widetilde{g}_{4}\left(\kappa^{\text {esc }}, M\right)= \\
& =0+g_{4}\left(\kappa^{\text {esc }}, M\right),
\end{aligned}
$$

where

$$
\lim _{\kappa^{e s c}, 1 / M \rightarrow 0} g\left(\kappa^{e s c}, M\right)=0 .
$$

Then we receive

$$
\begin{aligned}
& V(\dot{\tilde{\theta}}(T), \widetilde{\theta}(T))-V(\dot{\tilde{\theta}}(0), \tilde{\theta}(0)) \approx \\
& \approx \int_{0}^{\widetilde{T}} \dot{V}(\dot{\theta}(\tau), \theta(\tau)) \mathrm{d} \tau= \\
& =\int_{0}^{\widetilde{T}}\left[\dot{\tilde{\theta}}^{2} f_{m l}^{e s c}(\widetilde{\theta}(\tau))+\dot{\tilde{\theta}} \delta_{M}(\widetilde{\theta}(\tau))\right] \mathrm{d} \tau \\
& =\int_{0}^{\widetilde{T}} \dot{\tilde{\theta}}^{2} f_{m l}^{e s c}(\widetilde{\theta}(\tau)) \mathrm{d} \tau+\int_{0}^{\widetilde{T}} \dot{\tilde{\theta}} \delta_{M}(\widetilde{\theta}(\tau)) \mathrm{d} \tau= \\
& =\kappa_{m l}^{e s c} \theta_{0}^{2} \kappa^{2} \frac{\pi\left(4 \Phi^{2}-\theta_{0}^{2}\right)^{2}}{4 \kappa \Phi^{2}}+g\left(\kappa^{e s c}, M\right),
\end{aligned}
$$

where

$$
\lim _{\kappa^{e s c}, 1 / M \rightarrow 0} g\left(\kappa^{e s c}, M\right)=0
$$

In this case for $-2 \Phi<\theta_{0}<2 \Phi$ we obtain an unwinding() and for $2 \Phi<\left|\theta_{0}\right|$ twisting () of the phase trajectory for sufficiently small $\kappa^{\text {esc }}, 1 / M$.

Thus proved the existence of an inphase regime, i.e., we proved that for $\phi_{1}-\phi_{2}=0$, for the sum of the angles $\phi_{1}+\phi_{2}$ there occurs a periodic regime.

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[^0]:    1 This work was partly supported by the DutchRussian scientific cooperation programme 047.017.018, RFFI project 07-01-00151 and Grants board of President RF MK-162.2007.1

